



Newsletter

2009 Fall

Written by Bakers' Acres staff

In This Issue...

U-Pick Apples

Cider Doughnuts

Garden Tips

Fall Flowers

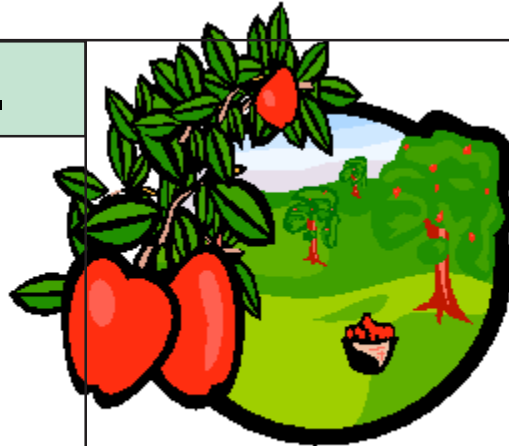
Perennial Sale

Concrete Leaf
Casting Class

Holiday Workshop

IPM Lab News

....and
more



Apple Harvest

*A Great Fun-filled Day
for the Whole Family!*

Saturday, October 10th
11 a.m. – 3:30 p.m.

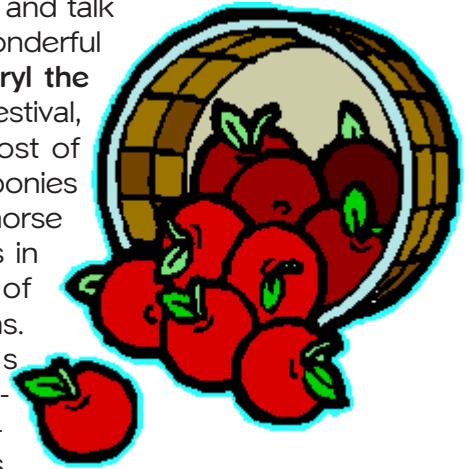
- Fresh-made Cider Doughnuts
- Fresh Cold Cider
- **Homemade goodies to purchase:**
Cider doughnuts, apple butter, candy apples, hot dogs and more.
- **Angel Tree Farm Alpacas** – 11:00 – 3:30
- **Adopt a pet from Country Acres Animal Shelter** more details inside
- **Pony Rides given by Southern Cayuga Saddle Club**
\$3.00 per ride or \$5.00 with a picture
- **U-Pick Apples**
- **Story Reading by Susan Rosenkoetter**, a Lansing native 11:00 – 3:30.
- **Cheryl The Clown** will be with us. 11:00 – 3:30.
- **IPM labs- showing and talking about beneficial insects** 11:00 – 3:30
- **Wagon rides** – 11:00-3:30 for \$2.00 a person
- **Rae's Roost** – Get closer to our feather friends, more details inside
- **Spark Studios-** Auditions for Talent Show 11:00-3:30 more details inside
- **Bob Bakers famous Chicken BBQ** – 11:30 – 3:30
- **4-H Cultural Exchange Club** - selling apple pies and providing face painting for the kids for a small fee (details inside).
- On-going **Treasure Hunt** for all ages and **Lots More going on** throughout the day, so be sure to call closer to **October 10th** for more details!

*Come out and enjoy the day and take a relaxing stroll through our gardens. From here go visit **King Ferry Winery** – tours and tasting, live music, vendors, BBQ all going on Sat. - 10-5 and Sun. 10-5*

1104 AUBURN RD. • RTE. 34 • N. LANSING • GROTON, N.Y. 13073
(607) 533-4653 On Rte. 34 between Ithaca and Auburn

Apple Harvest

Once again we will have the **Tompkins County 4-H Cultural Exchange Club** here selling their **al-most-famous apple pies** at Bakers' Acres. This group of area teens works hard to raise the funds needed to cover the costs of a two-year exchange with a similar club in another state. They will also be face painting for a small fee. We are very happy to have **Angel Tree Farm Alpacas** return. They are a locally owned family alpaca farm in Lansing. They have been raising alpacas on the farm since 2003 and they will be bringing alpacas. Also returning this year is the **Country Acres Animal Shelter** from Homer. They have been in business for 25 years. They service many counties for animal control and adoption services. **IPM labs** from Locke will be here again to show and talk about beneficial insects. I also don't want to forget about two wonderful people who have been a part of our festival for a long time '**Cheryl the Clown** and **Susan Rosenkoetter** our story reader. New to the festival, '**Southern Cayuga Saddle Club**' will be giving pony rides at a cost of \$3.00 per ride or \$5.00 for ride and a picture to take home. The ponies will be attached to a carousel for rides. This club is open to any horse enthusiast who would like to participate in horse related activities in the southern end of Cayuga County. Emphasis on networking of equine events such as shows, trail rides, clinics and demonstrations. Contact information: Marilyn Mann email is mnnkf91@sccinternet.com or 315-364-8666. **Spark! Studio** is located next door in the Lodge. Are you a dancing machine? A singing sensation? Or maybe you'd like to showcase your magician's tricks or wow the audience with your mind-reading abilities! Whatever your talent, we invite you to audition for Spark! Studios' 1st Annual Talent Show Spectacular. Contact April at 315-496-2306 for more details. **Rae's Roost** is the tiny shop with a big heart featuring wild bird supplies and gifts. Roma will have something going on at her table that the kids can do for a minimum fee. So be sure to stop at her table. I hope to have a lot more going on that day so please call for details closer to Oct. 10th.

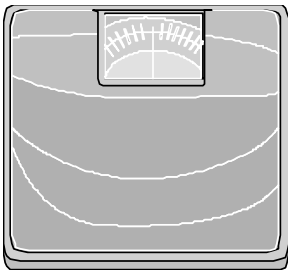


Cathy

Study: Apples Aid in Weight Loss

(This article was copied from the Ithaca Journal)

The next diet craze may be the apple diet. A new study shows an apple a day keeps the calories at bay. People who ate an apple about 15 min. before lunch consumed 190 fewer calories than when they didn't have the apple.



Researchers at Penn State University tested how the consumption of apples in different forms affects the calorie intake. Before lunch, the participants were given either nothing, 1½ medium cut up, peeled apples (about 125 calories), or a similar caloric amount of applesauce, apple juice with fiber or apple juice without fiber. About 15 minutes later, participants were served an entrée of cheese tortellini and tomato

sauce.

Findings: Participants who had the raw apple ate 187 fewer calories at the meals than those who had the apple sauce, juice or nothing.

Brian Wansink, director of Cornell University's Food and Brand Lab, says "This is great evidence that it's not the calories, but it's the effort of eating that tricks us into thinking we're full."

U Pick Apples

Last year we had more U Pickers than ever. It makes for a very pleasant day to come with your friends or family and go back in the orchard and pick from our four acres of 25 varieties of trees. The orchard is nestled around our large pond so come out and bring some friends and enjoy our beautiful fall scenery. Picking usually begins in early Sept.

—Reenie



Breadseed Poppies



The spectacular breadseed poppies (*Papaver somniferum*) have been in bloom in our gardens. The large, peony-like flower stands majestically above its blue-gray foliage. These are annuals that self-seed and will appear almost anywhere the next year. We harvest the seed in late July and August and have them available for sale in mid-August.

Just scatter the seeds on top of the ground this fall and you will have gorgeous poppies next June. Do not mulch heavily. Seed packets cost \$2.50 or \$3.00 if you wish to have them mailed to you. Just stop by or call and give us your address and let us know if you want the pink or red poppies.

—Reenie

Garden Tip

Can you believe fall will be here soon and we will be thinking about closing our gardens down for winter? Just a few things you should keep in mind when you are doing this. Is there plenty of mulch in the garden to protect your perennials for the winter? Have you removed any foliage that is brown or has had problems? Cut back perennials that need cutting back. Put down Triple phosphate to help in the spring with plants that you have trouble flowering, it also helps with root growth. If you have any questions with what you should be doing give me a call, would love to help you.



—Cathy

Our Web Site

(www.bakersacres.net)

We are beginning to update our website and make it a lot more informative and exciting to browse. You will have to watch for our changes. We will still have order forms for mailing apple gift baskets and boxes this fall. Don't forget Gift Certificates make great gifts. The order forms are still available on the website or you can give us a call at 607-533-4563 and we can send them in the mail to you. Also, as a reminder, if you would like occasional email notices and sales announcements from us, or would rather receive this newsletter by email, let us know. Our email address is info@bakersacres.net.

—Reenie

Garden Room

The Garden Room has continued to be a destination starting in May and going through October with all of your special events. We have had lots of bus tours, weddings, rehearsal dinners, anniversaries, birthdays, showers and family reunions. If you have a Garden Club, church group, special party, wedding, or just want to have a fun day with a group of friends, give me a call and we can set things up for you in the Garden Room.

The Garden Room and pavilion **will continue to be open** this fall for groups of 20 or more for lunch or dinner. Please call 607-533-4653 to reserve your date.

The Garden Room will offer our last public event for the season with our famous Cornell barbecue chicken during the Apple Festival on Oct. 10th from 11:30 – 3:30. You can enjoy your meal under the pavilion or in the Garden Room. We will end the meal with delicious apple pie made with our apples. Cost of the meal is \$11 for a ½ chicken dinner, \$9 for ¼ chicken dinner and \$5.50 for chicken alone. You do not want to miss our last barbecue for the season. **Reservations are appreciated**, so we know how many to prepare for.

—Reenie

Herbal Garden Tip

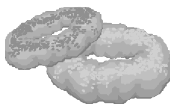
I have a lot of people ask me how to winter over their rosemary. So here are five simple steps. 1. Lift your plants early if you have them in the ground or in pots. Labor Day is a good target. For next six weeks, keep the potted plants in a sheltered spot that receives part-day shade, this will acclimate them to the reduced light indoors. 2. Prune hard. Back to about half their size, dry the stems you prune. 3. When potting rosemary for the winter, line the bottom of pots with 1-2 inches of fine gravel or perlite. Place pots on a saucer or tray, then water plants from the bottom by filling the saucer with water. 4. Find a 50-60 degree location close to a south or west facing window. Use florescent lights if none of your windows receive bright sun. Light is more important to rosemary than temperature. 5. Use a fan. Lack of moving air encourages powdery mildew. If you see powdery mildew on your rosemary, snip off the infected areas if you can and spray the plant with a mixture of 2 tablespoons milk per cup of water. Hope this helps you.



—Cathy

Cider Doughnuts

Last year we added another day of doughnuts and I think it just made everyone crazy. So this year we are going to have fresh made cider doughnuts every Saturday starting on Sept. 12th and ending on Halloween. Yes that is right, every Saturday. These donuts are



fantastic right out of the fryer, so get here early only to shop but to munch on fresh cider doughnuts. We hope to have our cider pressed by then, also. We will again offer cider doughnuts at our Apple Harvest on Oct. 10th. Sei is our doughnut maker, loves making doughnuts and will be producing batch after batch of those delicious hot cider doughnuts. If you would like to order a large number of doughnuts for an event just let us know and we will put Sei to work.

—Reenie

Recycling Pots

We still continue to recycle any pots you have gotten here at Bakers Acres. So if you have any of our pots stop by the front register desk to return them. Thanks for helping us recycle.



—Cathy

Fundraising Ideas

We have some great new ideas for fundraising for next spring. If you have a group that needs to raise some easy money just give me a call (607-533-4653)

---Reenie

Jack and Smokey

Jack and Smokey are doing their best to keep the chipmunks and mice population down. But either they are not doing a good job or the population has increased. But they do check in with us on a regular basis to see if we can offer more interesting food. They are also looking for some attention. So if you want to see them, just ask and we know their hiding spots. They love a little TLC.

—Reenie

Preferred Customer Card

As we quickly approach Christmas and that Gift Giving time, don't forget that our Preferred Customer Card makes a wonderful gift. The card entitles you to a **10% discount** on any purchase for 1 year from the time you purchase it. You will also pick out one of our Bakers' Acres tee shirts and be put on our email list to contact you with unadvertised specials.

Fall Pansies

We are growing a lot of mixed varieties of pansies this year. We know by experience that the best time to plant pansies, is in the fall because by spring they are good size and in bloom in late April. They also seem to hold up to the summer heat better. Come check out our supply of fall pansies that will be ready in mid September.

—Pat

Deer Repellent for the Winter

Many years ago we introduced a deer repellent called Liquid Fence. A lot of customers who have used this product have reported that it has worked wonders for their gardens. Unlike taste-based products Liquid Fence is a scent-based product, meaning that deer immediately avoid the sprayed plant. Liquid Fence is 100% organic and biodegradable, so it is harmless to children or any domesticated animals. If used once a month with an average rainfall of 4 inches, you will see immediate results, and if you don't, its 100% money-back guaranteed.

Along with Liquid Fence, we are offering Deer Scram. Deer Scram is an organic, biodegradable composition product designed to repel deer with little or no impact on the environment. It contains a product that will repel deer from a distance away, so they will not come near your plants and gardens. It is sprinkled on the ground around the plants and will even work beneath 18 inches of snow.

These products are applied very differently and both are guaranteed to work.

Now is the time to start using these products to protect your plants for the winter months.

—Sarah

Fall Bulbs

The ideal time to plant your bulbs is from now until the ground freezes. We continue to carry the old standbys, but this year I am getting in some new and unique cultivars of Hyacinth, Tulip, Narcissus, Anemone blanda, Chionodoxa, Scilla, and Crocus. We still will carry the spectacular Giganteum alliums that you see in our gardens during the summer. Also for those of you that see our Colchicums in the fall, now is the time to buy them. Colchicums are a fall blooming crocus that comes up in September with no leaves and just a large lavender flower. They are simply breathtaking as the perennials are beginning to go dormant and these spring-like bulbs appear. Also, many of you love our display of unusual bulbs that pop up in the spring. Cathy will continue to dig some of the more unusual bulbs out of Mom's gardens and sell them potted and in flower in the early spring. So come early in the spring when they are available or place your order now for pickup in the spring.

Beneficial Insects in all of our Retail Greenhouses

It was an exciting year here. As you all know, for several years now we have been working with IPM labs in Locke to attract beneficials to our greenhouse to control the bad insects. We once again worked with IPM lab to use beneficials in all 3 greenhouses. We have learned a lot and just love some of the results we got. We also learned some failures but have a better idea how to do it next year. Each week we had Michelle Ten Eyck, our scout from IPM Laboratories, scout our greenhouses for insects and report to us on the pest/natural enemy balance. I know some of you wonder why we call her a scout. The reason is that is just what she does she scouts in greenhouses for early detection and action, nipped pest populations quickly. At Michelle's suggestion, we would use beneficials to control the problem or plant material would be used to attract the problem. We again used Michelle suggestion and placed a marigold plant on every other table in every house to pull any thrips off our plants. Then if the marigold plant had many thrips, we replaced it with a new marigold plant and took the old marigold plant to the compost pile. Michelle's reported that nearly all the thrips went to the marigolds, and very few thrips could be found on the adjacent plants.



Did you happen to see our Aphid Guard barley grass plants? Not for sale, these plants supplied food to our aphid parasites and predators. Our cat Jack loved them, and chewing on the grass had somewhat disrupted our project last year. We put them in hanging baskets, so Jack can not get to them!

I truly love the fact we are becoming more **"Eco-friendly"**. Anytime you visit and would like to know more about what we have done just ask or visit at Apple harvest on Oct. 10 because IPM labs will be here from 11-3:30 to show you beneficials and answer questions.

—Cathy

IPM Labs Research at Bakers Acres: *Third Year of Guardian Plant Trials*

This summer we worked on 2 projects using Guardian Plants to help control pests. In one project, funded by the NE IPM Center, we studied the influence of Lantana on whitefly populations in the herb greenhouse, greenhouse 3. Since Lantana is extremely attractive to whitefly, we used it to pull whitefly away from the herbs for sale. We also introduced the whitefly parasite, *Encarsia formosa*, to the greenhouse. The *Encarsia* established and reproduction on the Lantana was excellent. It was so gratifying to see this whitefly-prone plant with almost no whitefly, and obvious beneficial insects!

We also did more controlled studies of the effectiveness of marigolds on keeping thrips away from Bakers Acres' flowers. Marigolds are notoriously attractive to thrips. So much so that Bakers Acres placed six marigolds in each greenhouse to pull thrips away from the crops in greenhouses 1, 2, and 3. Then they removed these thrips by composting the infested marigolds. Since the marigolds grown outside the greenhouse are usually clean of thrips, Bakers Acres replaced the infested marigolds with new clean marigolds to continue the Guardian Plant work. The marigold Guardian Plants provided 2 services to the greenhouses by attracting thrips and by supporting the estab-



lishment of the thrips predator, *Orius insidiosus*.

IPM Labs scout Michelle Ten Eyck is still chuckling about the time when she wound up competing with Jack, one of Bakers Acres' cats, to inspect a planting of catnip. As Michelle began to inspect the catnip for whiteflies and their natural enemies, the cat started to munch on some of the leaves. Michelle worked around Jack until he climbed into the pot and started to roll around. Michelle directed her search to some other catnip. This is the second year that Michelle has had to compete with Jack. Last year he was often found chewing on the barley Aphid Guard Aphid Banker Plants used to support aphid parasites.

—Michelle and Carol



2009 EVENTS

“THE GREAT PERENNIAL SALE” September 11-20

This is the sale a lot of people wait for so we wanted our customers who receive our newsletter to know about the sale first. Don't miss out on this great time to start a new garden or just fill in where needed. The “PERENNIAL SALE” will be a week long. All perennials \$3.99-7.99 will be “buy two at regular price; get one free of same value.” Perennials \$8.99 and up are 25% off. All herbs will be 25% off. All trees, shrubs and roses will be 25% off. There may also be lots of other specials going on at the last minute. Mark your calendar. Great Sale!

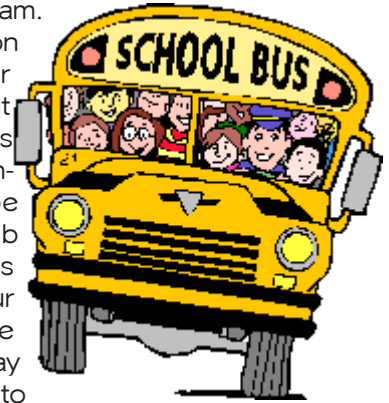
Leaves that last Forever... “Concrete Leaf Castings” September 19 • 10-12 PM

Last year we did the super tufa pots which was a lot of fun, it was requested that we have a class on making a concrete leaf. Concrete leaves can be used as birdbaths or simply unique garden ornaments. The supplies you need to bring with you are: large leaf (that you would like to cast) waterproof gloves, a sturdy board at least 24” in diameter and be sure to wear old clothes. The concrete leaf will stay here for at least 2-3 days so it can dry for you. This is always a fun class. You will be amazed on how easy this is to do. We thought this class will be easy so if you would like to do another concrete leaf you can for an extra \$10.00. If you don't have resource to large leaves let us know and we will have one for you. Cost \$20.00 for one leaf \$30.00 for two leaves.

School Tours Sept. 21 - 24

This fall we will do another week-long school program.

We will still concentrate on apples and all of their stages of production but we will also get into bulbs and proper planting techniques. The kids will be able to take home a bulb with planting directions that they learned on our tour. This will make the tour more like the May Day format, but be geared to the 2nd and 3rd graders. Let us know if your school is interested. The tour will cost \$3.00 per student.



—Reenie

Ithaca Harvest Weekend Friday-Sunday September 25 - 27

Visit our booth on The Commons, where you can purchase our apples, apple cider and fruit butters. Fun for Everyone!

HOLIDAY WORKSHOP

Sat, Dec. 5th 11-1 and Sun. Dec. 13th 1-3

Another successful year has encouraged us to continue the Holiday Workshops. We will again offer 2 classes. We will offer our four most popular hands-on decorations: evergreen wreath, boxwood tree, evergreen center piece and an evergreen/boxwood kissing ball. This year we will also add a new decoration which is making a small evergreen/boxwood wreath that can be hung in your homes either in the windows, walls or doors. This also can be used as a candle ring. Sign up soon for these workshops, because they may fill up fast. Cost is \$8.00 for adults and \$4.00 for children under 12, plus the cost of materials.



In previous years we have also offered this workshop to groups of 15 or more. Groups of people from work, exercise programs, or just a group of friends came and had a wonderful time. So if you want to plan a party during early December just let me know. Cost for registration is \$5.00 per person plus the cost of materials. We had several groups do this last year and hope to rebook them plus more. It was fun to see all of the creativity flowing. Registration form on next page.



CLASS REGISTRATION FORMS

Leaves that last forever... "Concrete Leaf Casting" Saturday, Sept. 19, 10 – 12 PM.

Name _____ Phone No. _____

Registration deadline: Wednesday, Sept. 16. Cost \$20.00 for 1 leaf; \$30.00 for 2 leaves

No. Attending _____ Total enclosed _____

HOLIDAY WORKSHOP Sat. Dec. 5, 11 AM. – 1 PM and Sun. Dec 13, 1 PM. – 3 PM

Name _____ Phone No. _____

Choose class time 12/5 11-1AM or 12/13 1-3 PM
Registration deadline: Wednesday, Dec.2.

No. Attending _____ Total enclosed _____ **Class Time** _____

Cost: Adults: \$8.00 (plus supplies) Children: \$4.00 (plus supplies)

CLASS SIZE LIMIT: 30

Space is limited so Register Early. Enclose above form with your check and send it Attn.: bookkeeper. In cases of insufficient registration, a class may be cancelled. You will be called if we cancel. Sorry, we **cannot return fees** without requests made **24 hours prior** to the class.

Closing for the Season on October 31

Although we are closing for the season on October 31st, we will still be open 'By chance or By appointment' until we reopen in March. But that doesn't mean we will not continue making your Christmas wreaths, centerpieces, apple baskets or holiday arrangements. Cathy and I love the

slower pace and look forward to this time to make those special orders. So, as you have done in the past, call in your order (607-533-4653) and then set up a time to pick it up.

—Reenie

Fall 2009

Garden Room

607-533-4653

Special Parties by Reservation

Gardens and Greenhouses

Phone: 607-533-4653 Fax: 607-533-8653

Email: info@bakersacres.net Website: www.bakersacres.net

Open daily April– October 31

Weekdays 8 - 5:00 Weekends 9 - 5:00

Open by chance or appointment November until Spring

Wednesdays: **10% Senior Citizens discount** Greenhouse: on everything that we grow.

400+ CLUB When your greenhouse receipts **for one calendar year** total \$400 (excluding tax), turn them in to receive a \$20 gift certificate.

We accept **Visa, Mastercard, Discover** and **American Express**.

Bakers' Acres is a member of:

TOMPKINS COUNTY CHAMBER OF COMMERCE
904 East Shore Drive, Ithaca, NY 14850

NYSFI
NEW YORK STATE FLOWER INDUSTRIES, INC.

Southern Tier Grower's Association

Cornell Plantations

Perennial Plant association

International HERB Association
Uniting Herb Professionals

We do not want to add to your solid waste problem.
If you no longer want to receive our Newsletter, please let us know.

Presorted Standard
U.S. Postage Paid
Moravia, NY 13118
PERMIT #16

Bakers' Acres
1104 Auburn Road
Groton, NY 13073