

# BAKERS' ACRES

2010 FALL NEWSLETTER • CELEBRATING 30 YEARS

Saturday, October 9 • 11 a.m. – 3:30 p.m.

# Apple Harvest

*A Great Fun-filled Day for the Whole Family!*

- ~ Fresh-made Cider Doughnuts
- ~ Fresh Cold Cider
- ~ Homemade goodies to purchase: Cider doughnuts, apple butter, candy & caramel apples, hot dogs and more .
- ~ Adopt a pet from Country Acres Animal Shelter
- ~ Pony rides given by Southern Cayuga Saddle Club for \$3.00 per ride or \$5.00 with a picture
- ~ U-Pick Apples
- ~ Story Reading by Susan Rosenkoetter - a Lansing native
- ~ Cheryl The Clown will be with us.
- ~ IPM labs- showing and talking about beneficial insects
- ~ Wagon rides – \$2.00 a person
- ~ Bob Bakers famous Chicken BBQ – 11:30 – 'til Gone
- ~ 4-H Cultural Exchange Club – selling apple pies & providing face painting for the kids/small fee
- ~ 4-H Small animal group – showing off their small animals like rabbits, goats and there also will be llama's
- ~ Todd Farms – will be here with their Boer Meat Goats
- ~ Cornell Companions Group - is a pet visitation program
- ~ Little Caprine Acres – will be here with their Boer and Nigerian goats
- ~ Grass maze with small pumpkins hidden for children to find! \$1.00 a person
- ~ On-going Treasure Hunt for all ages and Lots More going on throughout the day, so be sure to call closer to October 9th for more details!

*Come out and enjoy the day and take a relaxing stroll through our gardens.*

1104 Auburn Rd. • Rt. 34 • N. Lansing • Groton, NY. 113073  
(607)533-4653 • [www.bakersacres.net](http://www.bakersacres.net)

*From here go visit King Ferry Winery tours and tasting, live music, vendors, BBQ all going on Sat. -10-5 and Sun. 10-5*



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apples apples apples



## APPLE HARVEST

We are very happy to have returning the Tompkins County 4-H Cultural Exchange Club selling their almost famous apple pies at Bakers' Acres. This group of area teens works hard to raise the funds needed to cover the costs of a two-year exchange with a similar club in another state. They will also be face painting for a small fee. We are very happy to have returning this year, the Country Acres Animal Shelter from Homer. They have been in business for 26 years. They service many counties for animal control and adoption services. IPM Labs from Locke will be here again to show and talk about beneficial insects. I also don't want to forget about two wonderful people who have been a part of our festival for a long time 'Cheryl the Clown and Susan Rosenkoetter our story reader.' Southern Cayuga Saddle Club' will be given pony rides at a cost of \$3.00 per ride or \$5.00 for ride and a picture to take home. The pony's will be attached to a carousel for rides. This club is open to any horse enthusiast that would like to participate in horse related activities in the southern end of Cayuga County. Emphasis on networking of equine events such as shows, trail rides, clinics and demonstrations. Contact information: Marilyn Mann email ismnnkf91@scccinternet.com or 315-364-8666. Todds Farm will be here with their Boer Meat Goats. They currently have about 80 head. It started about 6 years ago as a 4H project and they loved it. Cornell Companions is a pet visitation program sponsored by the College of Veterinary Medicine. Volunteers and their pets visit children with disabilities, nursing home patients and hospital patients, with the belief that animals enhance the lives of all people. New this year will be Little Caprine Acres. Steve and Irene raise Nigerian Dwarf Goats. They will bring here Boer and Nigerian goats. I hope to have a lot more going on that day so please call for details closer to Oct. 9th. ~ Cathy

## RESEARCH SHOWS APPLE HEALTH BENEFITS

A new Horticulture Australia report shows that apples can help alleviate allergy symptoms and reduce cholesterol. According to a Horticulture Australia Limited (HAL) report, new research now backs up the old saying "an apple a day keeps the doctor away". A single apple contains roughly 200 mg of polyphenol, which is an antioxidant that is known to play an important role in metabolism and fat reduction as well as to ease allergy symptoms, such as hay fever and asthma. Apples are a good source of dietary fiber, vitamin C and potassium.

So do not forget your apple a day. ---Reenie

## U PICK APPLES

It has been a great growing year for our apples. Last year due to the frequent rains, we had more scab on our apples than we were happy with. This year with the help of our Orchard IPM scout Jim Eve, we should have an excellent crop of apples. The apples will be about 2 weeks early this year so when you receive this newsletter, we will be picking apples. So call 607-533-4653 to find out the varieties available to U Pick. It makes for a very pleasant day to come with your friends or family and go back in the orchard and pick from our four acres of 25 varieties of trees. The orchard is nestled around our large pond so come out and brings some friends and enjoy our beautiful fall scenery. ---Reenie

## IPM IN BAKERS' ACRES ORCHARDS

Integrated Pest Management, or IPM, is a management system used to control, or mitigate, pests, weeds, and diseases that can adversely affect crops. In our case, we are addressing such issues in apple production. IPM is a system that uses all of the tools that may be available to us and include biological, cultural, and chemical options for pest control. Regional university research and extension workers have developed protocols that allow us to integrate all of these options as a result of good scientific trials and demonstrations. Pest control activities must use methods that always minimize any risk to our health and environment. When agricultural chemical products have to be used, the safest possible option is selected. To optimize the effectiveness of these products, timing of applications is based on models that have been developed by our research scientists. If the criteria necessary for a potential pest or disease outbreak do not develop, we do not make any spray application. On the other hand, if we understand what a pest or disease model is predicting, we can use the best possible timing for the desired result. By using the modeling that is available to us, we can reduce the number of spray applications necessary. One aspect of pest control that is becoming ever more important is the management of predator populations that can favorably contain certain damaging pests. Plant aphids have many predators such as Lacewings and Ladybird Beetles. These species are being integrated into our aphid control approach. Plant feeding mites are also of critical importance to apple production. Predatory mites are common in New York orchards and can control plant damaging mites completely. However, these predators are very sensitive to some agricultural products that have been used in the past. We have learned to select only those products that allow predatory mites to develop healthy populations. The end result is total biological control of any damaging mite species. We can avoid any chemical usage. Cultural practices are being studied and implemented that can dramatically effect the potential for more favorable disease control. Optimizing sunlight in an orchard setting can have an impact on certain diseases. Tree training is very important to this end. Integrated Pest Management has become a very useful and successful management system for the production of food and will continue to provide us with the tools to respect our environment. ---Jim Eve - Eve Farm Service, LLC

# 2010 Fall Events!

## "THE GREAT PERENNIAL SALE" - Sept. 10-19

This is the sale a lot of people wait for, so we wanted our customers who receive our newsletter to know about the sale first. Don't miss out on this great time to start a new garden or just fill in where needed. The "PERENNIAL SALE" will be a week long. All perennials \$3.99-7.99 will be "buy two at regular price; get one free of same value." Perennials \$8.99 and up are 25% off.. All herbs will be 25% off. All trees, shrubs and roses will be 25% off. There may also be lots of other specials going on at the last minute. Mark your calendar. Great Sale!



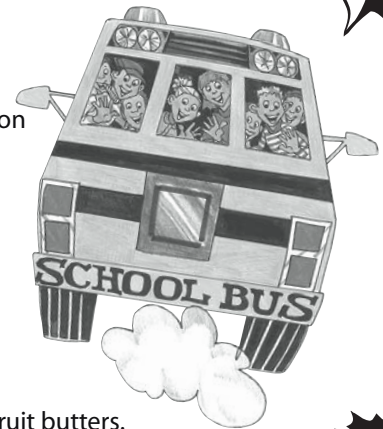
## SUPER TUFU PLANTER CLASS - Sept. 18 10-12 PM

We have not held our Super Tufa class for 2 years and so many of you have asked for us to bring it back. Cathy has agreed to teach it this year. You will have three shapes to choose from. The supplies you need to bring with you are: waterproof gloves, dust mask, a sturdy board at least 24" in diameter and be sure to wear old clothes. The super tufa pot will stay here for at least 2-3 days so it can dry for you. This is always a fun class. You will be amazed on how easy this is to do. Cost \$28.00. You can find the convenient registration form in the back of the Newsletter

## SCHOOL TOURS

This fall we will be available to do our educational apple tours. We will still concentrate on apples and all of their stages of production but we will also get into bulbs and proper planting techniques. The kids will be able to take home a bulb with planting directions that they learned on our tour. This will make the tour more like the May Day format, but be geared to the 2nd and 3rd graders. Let us know if your school is interested. The tour will cost \$3.00 per student.

---Reenie



## ITHACA HARVEST WEEKEND - Fri.-Sun., Oct 1 - 3

Visit our booth on The Commons, where you can purchase our apples, apple cider and fruit butters.

## CLOSING FOR THE SEASON ON OCTOBER 31

Although we are closing for the season on October 31st, we will still be open 'By chance or By appointment' until we reopen in April. But that doesn't mean we will not continue making your Christmas wreaths, centerpieces, apple baskets or holiday arrangements. Cathy and I love the slower pace and look forward to this time to make those special orders. If you have ordered from us in the past, you will be receiving a call from us. Or you can call in your order (607-533-4653) and then set up a time to pick it up.

---Reenie

### HOLIDAY WORKSHOP SAT, DEC. 4TH 11-1 AND SUN. DEC. 12TH 1-3

Another successful year has encouraged us to continue the Holiday Workshops. We will again offer 2 classes. We will offer our four most popular hands-on decorations: evergreen wreath, boxwood tree, evergreen center piece and an evergreen/boxwood kissing ball. This year we will also add a new decoration which is making a decorated apple basket to give as a gift or used as a decoration that can be eaten later. Sign up soon for these workshops, because they may fill up fast. Cost is \$8.00 for adults and \$4.00 for children under 12, plus the cost of materials. Registration form can be found in back of the Newsletter.



### HOLIDAY WORKSHOPS FOR PRIVATE GROUPS

In previous years we have also offered this workshop to groups of 10 or more. Groups of people from work, exercise programs, or just a group of friends came and had a wonderful time. So if you want to plan a party during early December just let me know. Cost for registration of \$5.00 per person plus the cost of materials. We had several groups do this last year and hope to rebook them plus more. It was fun to see all of the creativity flowing.

# News from the staff!



## Garden Room

The Garden Room has continued to be a destination starting in May and going through October with all of your special events. We have had lots of bus tours, weddings, rehearsal dinners, anniversaries, birthdays, showers and family reunions. If you have a Garden Club, church group, special party, wedding, or just want to have a fun day with a group of friends, give me a call and we can serve you lunch or dinner in the Garden Room. Just check our website [bakersacres.net](http://bakersacres.net) for our menu. The Garden Room and pavilion will continue to be open this fall for groups of 20 or more for lunch or dinner. Please call 607-533-4653 to reserve your date. The Garden Room will offer our last public event for the season with our famous Cornell barbecue chicken during the Apple Festival on Oct. 9th from 11:30 – 'til gone. You can enjoy your meal under the pavilion or in the Garden Room. We will end the meal with delicious apple pie made with our apples. Cost of the meal is \$11 for a ½ chicken dinner, \$9 for ¼ chicken dinner and \$6.00 for chicken alone. You do not want to miss our last barbecue for the season. Reservations are appreciated, so we know how many to prepare for.

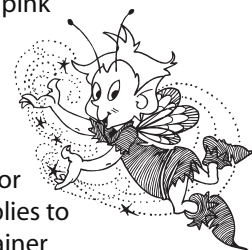
---Reenie



## Breadseed Poppies

The spectacular breadseed poppies (*Papaver somniferum*) have been in bloom in our gardens. The large, peony-like flower stands majestically above its blue-gray foliage. These are annuals that self-seed and will appear almost anywhere the next year. We harvest the seed in late July and August and have them available for sale in mid-August. Just scatter the seeds on top of the ground this fall and you will have gorgeous poppies next June. Do not mulch heavily. Seed packets cost \$2.50 or \$3.00 if you wish to have them mailed to you. Just stop by or call and give us your address and let us know if you want the pink or red poppies.

---Reenie



## Something New this Year

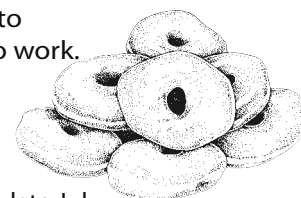
This year, if you have been out to see us, you probably noticed that we are making Fairy Gardens or Miniature Gardens. What ever you want to call them, they have been a big hit. We sell all the supplies to make them including the plants and miniature decorations. We entered one in a state wide container contest and won First Place. Hooray! So come out and take a look at our gardens and get inspired. They are a lot of fun.

---Reenie

## Cider Doughnuts

Last year we went back to having our cider doughnuts every Saturday. It was of course well received and Sei devoted each Saturday morning to making fresh hot doughnuts. She even made doughnuts one Saturday, the day after her wedding. Her family were present to watch the master at work and were also some of our best customers that day. So once again, we are going to have fresh made cider doughnuts every Sat. starting on Sept. 11th and ending on Halloween. These donuts are fantastic right out of the fryer, so get here early not only to shop but to munch on fresh cider donuts. We hope to have our cider pressed by then also. We will again offer cider doughnuts at our Apple Harvest on Oct. 9th. Sei will be producing batch after batch of those delicious hot cider doughnuts. If you would like to order a large number of doughnuts for an event just let us know and we will put Sei to work.

---Reenie



## Jack, Smokey, and now Sunny

Jack and Smokey world has been turned upside down. Sunny, a new yellow tiger cat, arrived in late July uninvited. Jack is intrigued by Sunny, but Smokey hates him. Sunny does not seem to be bothered by either of them and loves any attention he can get from us. So I guess, now that we have made an appointment at the vet, we will keep him around. Come on out and introduce yourself to Sunny. He is very friendly and appreciates the attention. But don't forget to dote on Smokey. He is having a hard time with all of this.

---Reenie

# Garden tips and more...

## Garden Tip

Can you believe fall will be here soon, and as I look at our gardens I wonder do I have enough fall color? So I decided to help you out with a short list of some cool fall perennials and shrubs for your gardens: Autumn Crocus(Colchicum), Fall asters, Goldenrod(Solidago), Chrysanthemum, Dendranthema, Japanese Anemone, Plumbago, Russian Sage, Cimicifuga, Helenium, Helianthus, Coreopsis, Chelone , all grasses, Clematis(terniflore), Heuchera, Heucherella, any ferns, Hostas with variegated leaves, Hibiscus, Polemonium for leaf color, Tiarella, Geraniums, Ajania. Shrubs really stand out in the fall. Vaccinium (Blueberry bushes) have beautiful deep red fall color. They are a great replacement for Burning Bush which is now on the invasive list. Caryopteris (Bluemist Spirea) comes into bloom in late Aug. and adds a lovely blue mass of flowers to your gardens. Callicarpa is a mounding shrub that has lovely lavender flowers in the summer and glowing deep purple berries in the fall. Lastly, I have to mention that if you want something showy in the winter, nothing beats Cornus Winter Flame. From a distance it looks like a large fire. I saw a mass planting one winter at Cornell Plantations and fell in love. So there is a start I hope this helps. Have a great fall.

---Cathy

## Herbal Garden Tip

I was going to come up with another herbal garden tip but I really felt this article I did last year about rosemary is important to repeat one more year. I have a lot of people ask me how to winter over their rosemary. So here is five simply steps. 1. Lift you plants early if you have them in the ground or in pots. Labor Day is a good target. For next six weeks, keep the potted plants in a sheltered spot that receives part-day shade, this will acclimate them to the reduced light indoors. 2. Prune hard. Back to about half their size, dry the stems you prune. 3. When potting rosemary for the winter, line the bottom of pots with 1-2 inches of fine gravel or perlite. Place pots on a saucer or tray, then water plants from the bottom by filling the saucer with water. 4. Find a 50-60 degree location close to a south or west facing window. Use florescent lights if none of your windows receive bright sun. Light is more important to rosemary than temperature. 5. Use a fan. Lack of moving air encourages powdery mildew. If you see powdery mildew on your rosemary, snip off the infected areas if you can and spray the plant with a mixture of 2 tablespoons milk per cup of water. Hope this helps you.

---Cathy

## Beneficial Insects in all of our Retail Greenhouses

We have been working with IPM labs in Locke to attract beneficials to our greenhouse to control the bad insects. We once again worked with IPM lab to use beneficials in all 3 greenhouses. We have learned a lot and just love some of the results we got. We also learned some failures but have a better idea how to do it next year. Each week we had Michelle Ten Eyck, our scout from IPM Laboratories, scout our greenhouses for insects and report to us on the pest/natural enemy balance. I know some of you wonder why we call her a scout. The reason is that is just what she does she scouts in greenhouses for early detection and action, nipped pest populations quickly. At Michelle' suggestion, we would use a beneficials to control the problem or plant material would be use to attract the problem. We again used Michelle suggestion and placed a marigold plant on every other table in every house to pull any thrips off our plants. Then if the marigold plant had many thrips, we replaced it with a new marigold plant and took the old marigold plant to the compost pile. Michelle reported that nearly all the thrips went to the marigolds, and very few thrips could be found on the adjacent plants. Did you happen to see our Aphid Guard barley grass plants? Not for sale, these plants supplied food to our aphid parasites and predators. I truly love the fact we are becoming more "Eco-friendly". Anytime you visit and would like to know more about what we have done, just ask or visit us at the Apple Harvest on Oct. 9. IPM labs will be here to show you beneficials and answer questions.

---Cathy

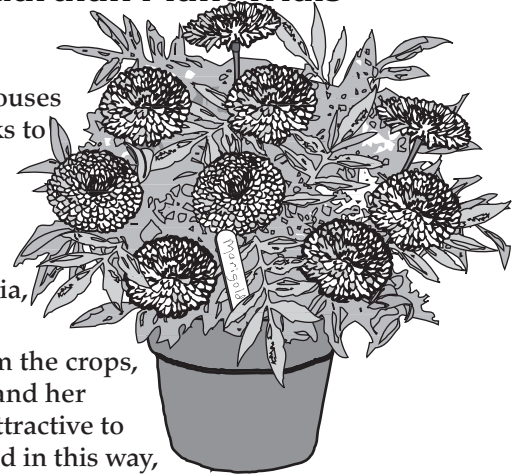
# More New & Exciting Information!



## IPM Labs Research at Bakers Acres: Third Year of Guardian Plant Trials

### Marigolds Help Us Manage Our Pests

Michelle Ten Eyck, our IPM scout, finished her season checking the greenhouses for pests in June. Actually, she does not just check for pests...she also checks to make sure that we still have the natural enemies present that we use to control pests. This year, we used whitefly parasites, *Encarsia formosa*, for control of whitefly, predatory mites for the control of spider mites, two tiny wasps that parasitize aphids called *Aphidius colemani* and *Aphidius ervi* along with aphid banker plants to support the first wasp, and *Atheta coriaria*, a tiny rove beetle in the soil for the control of fungus gnats.



For thrips control this year, we used marigolds to draw the thrips away from the crops, and removed any marigolds that had numerous thrips. Last year, Michelle and her employer, IPM Laboratories, showed scientifically that marigolds were so attractive to thrips that adjacent crop plants would not have thrips. When plants are used in this way, they are called Trap Plants. In August, these marigolds are also supporting a thriving population of the naturally occurring thrips predator, *Orius insidiosus*. Michelle reports that wherever the *Orius* are, the thrips populations are much lower. IPM Laboratories has coined the term Guardian Plants to describe plants that are both "pulling" pests and supporting natural enemies.

### Fall Bulbs

The ideal time to plant your bulbs is from now until the ground freezes. We continue to carry the spectacular *Giganteum alliums* that you see in our gardens during the summer. Also for those of you that see our *Colchicums* in the fall, now is the time to buy them. *Colchicums* are a fall blooming crocus that comes up in September with no leaves and just a large lavender flower. They are simply breathtaking as the perennials are beginning to go dormant and these spring-like bulbs appear. Also, many of you love our display of unusual bulbs that pop up in the spring. Cathy will continue to dig some of the more unusual bulbs out of Mom's gardens and sell them potted and in flower in the early spring. So come early in the spring when they are available or place your order now for pickup in the spring.

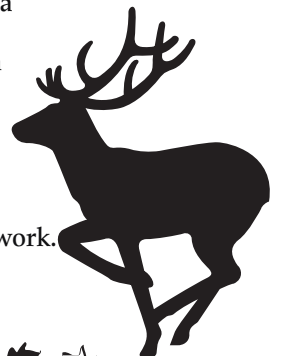
### Fall Pansies

We are growing a lot of mixed varieties of pansies this year. We know by experience that the best time to plant pansies, is in the fall because by spring they are good size and in bloom in late April. They also seem to hold up to the summer heat better. Come check out our supply of fall pansies that will be ready in mid Sept. ---Pat

### Deer Repellent for the Winter

I came across a great new list of rarely eaten, sometimes eaten, often eaten and seldom eaten list of perennials, trees and shrubs and the one thing they mention HUNGRY DEER will eat anything. This is why we encouraged deer repellent. Liquid Fence a lot of customers who have used this product have reported that it has worked wonders for their gardens. Unlike taste-based products Liquid Fence is a scent-based product, meaning that deer immediately avoid the sprayed plant. Liquid Fence is 100% organic and biodegradable, so it is harmless to children or any domesticated animals. If used once a month with an average rainfall of 4 inches, you will see immediate results, and if you don't, its 100% money-back guaranteed. Along with Liquid Fence, we are offering Deer Scram. Deer Scram is an organic, biodegradable composition product designed to repel deer with little or no impact on the environment. It contains a product that will repel deer from a distance away, so they will not come near your plants and gardens. It is sprinkled on the ground around the plants and will even work beneath 18 inches of snow. These products are applied very differently and both are guaranteed to work. Now is the time to start using these products to protect your plants for the winter months.

---Sarah



# info and Forms

## Recycling Pots

Recycling is a very important thing for us to do so we still continue to recycle any pots you have gotten here at Bakers Acres. So if you have any of our pots stop by the front register desk to return them. If you have pots from other places bring them with you and if we can use them we will. If we can't use the pots, you will need to take them back with you. Thanks for helping us recycle.

---Cathy

## Preferred Customer Card

As we quickly approach Christmas and that Gift Giving time, don't forget that our Preferred Customer Card makes a wonderful gift. The card entitles you to a 10% discount on any purchase for 1 year from the time you purchase it. You will also pick out one of our Bakers' Acres tee shirts and be put on our email list to contact you with unadvertised specials.

## Baker'S Acres Online ([www.bakersacres.net](http://www.bakersacres.net))

We are beginning to update our website and make it a lot more informative and exciting to browse. You will have to watch for our changes. We will still have order forms for mailing apple gift baskets and boxes this fall. Don't forget Gift Certificates make great gifts. The order forms are still available on the website or you can give us a call at 607-533-4563 and we can send them in the mail to you. Also, as a reminder, if you would like occasional email notices and sales announcements from us, or would rather receive this newsletter by email, let us know. Our email address is [info@bakersacres.net](mailto:info@bakersacres.net).

Baker's Acres is also on Facebook! Be sure to friend us for tips, reminders, and news of sales. Facebook is a great way to keep in touch with what's going on at Baker's. You can find us by searching "Baker's Acres." (You may need to click on "View All Page Results" under the search, since there are several Baker's Acres across the nation!)

- Sei

### CLASS REGISTRATION FORMS

#### • Super Tufa Class • Saturday, Sept. 18 • 10-12 PM.

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Registration deadline: Wednesday, Sept. 15. Cost \$28.00

No. Attending \_\_\_\_\_ Total enclosed \_\_\_\_\_

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#### • Holiday Workshop • Sat. Dec 4 • 11AM. -1PM. and Sun. Dec 12th • 1-3

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Choose class time 12/4 11-1AM or 12/12 1-3 PM

Registration deadline: Wednesday, Dec. 1.

No. Attending \_\_\_\_\_ Total enclosed \_\_\_\_\_ Class Time \_\_\_\_\_

Cost: Adults: \$8.00 (plus supplies) Children: \$4.00 (plus supplies) Class size limit: 30.

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Space is limited so Register Early. Enclose above form with your check and send it Attn.: Bookkeeper. In cases of insufficient registration, a class may be cancelled. You will be called if we cancel. Sorry, we cannot return fees without requests made 24 hours prior to the class.

**Baker's Acres**  
**1104 Auburn Road**  
**Groton, NY 13073**

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Open daily April - October 31  
Weekdays 8:00 - 5:00 Weekends 9:00 - 5:00  
Open by chance or appointment November until Spring

Garden Room  
607-533-4653  
Special Parties by Reservation  
Wednesdays: 10% Senior Citizens discount  
Greenhouse: on everything that we grow.  
400+ CLUB When your greenhouse receipts for  
one calendar year total \$400 (excluding tax),  
turn them in to receive a \$20 gift certificate.



**Fall 2010**

*We accept Visa, Mastercard,  
American Express and Discover.*

Gardens and Greenhouses  
Phone: 607-533-4653 Fax: 607-533-8653  
Email: [info@bakersacres.net](mailto:info@bakersacres.net)  
Website: [www.bakersacres.net](http://www.bakersacres.net)